The Fridge-Door Note

Power stopped Date _____ Time _____

Power returned Date _____ Time _____

Time checked	Temperature (°C)	Action taken

Write down known times and readings. Leave unknown details blank.

Keep fridge and freezer doors closed as much as possible. A reading taken after cooling resumes cannot show how warm the fridge was earlier.

Use the current food-safety guidance when deciding what to keep or discard.

FSA power-cut advice (England, Wales and Northern Ireland)
Food Standards Scotland power-cut advice